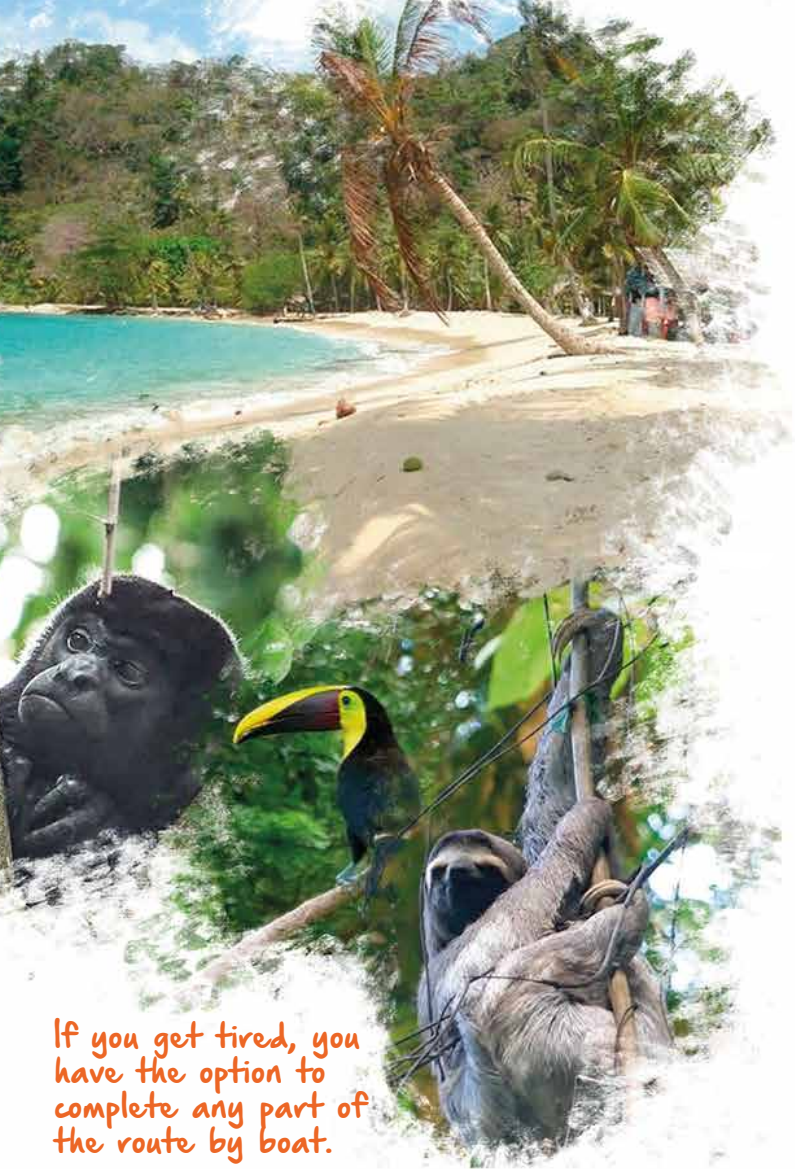




If you get tired, you have the option to complete any part of the route by boat.

Triganá - Goleta	-----	\$40.000	
Goleta - Playona	-----	\$40.000	Minimum 3 people
Playona - Acandí	-----	\$35.000	Minimum 3 people
Acandí - Playa Soledad	-	\$50.000	
Playa Soledad - Aguacate	\$40.000	-	Minimum 3 people
Aguacate - Sapzurro	---	\$40.000	Minimum 3 people
(in Colombian pesos)			

TREKKING

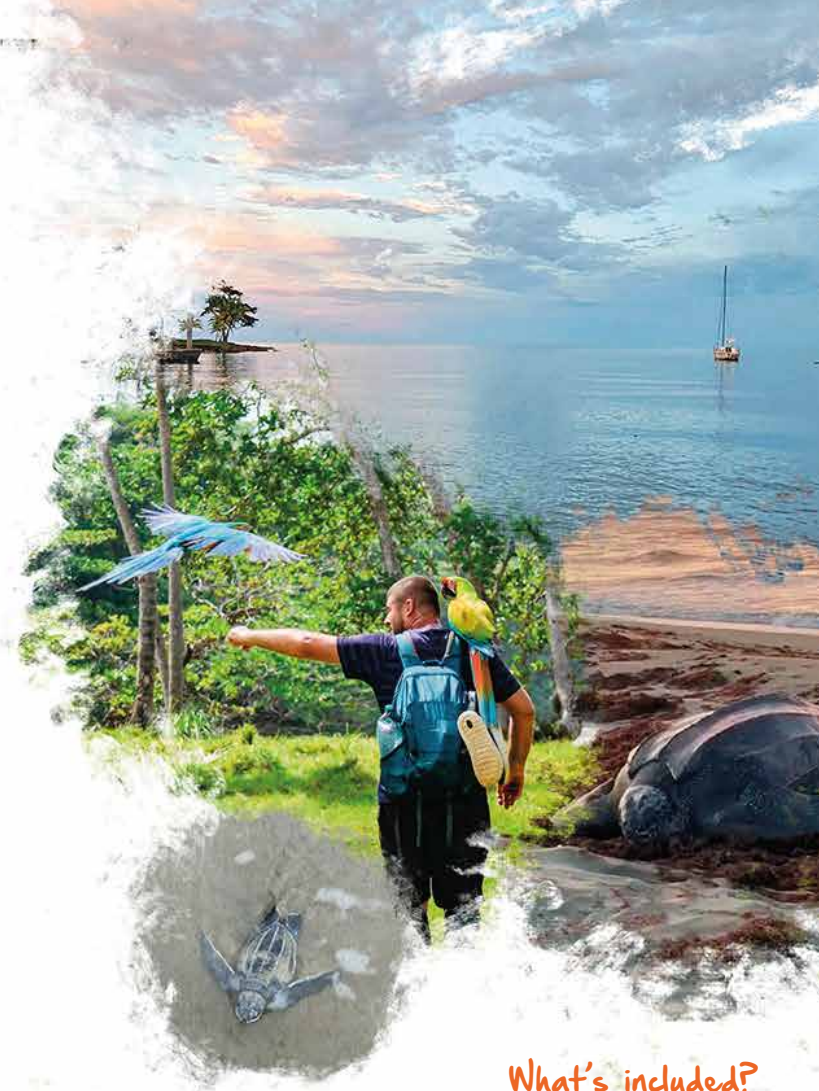
2 Days / 2 Nights



HOW TO BOOK?
Contact us via WhatsApp +573212433035

Adventure low cost
3, 4, and 5 day/night
packages also available

Includes local guiding
English/French-speaking guide
and/or wildlife specialist available
(at an extra cost)



What's included?

- Meals
(from lunch on Day 1 to breakfast on Day 3)
- Shared rooms for solo travelers and double rooms for couples
- Travel insurance
- Luggage transport from Triganá to Sapzurro
- Unlimited drinking water at all accommodations
- Gear loan: rubber boots, socks, 30L backpack, 30L waterproof bag, and snorkeling kit

Route

2 Days / 2 Nights

PRICE PER PERSON (in Colombian pesos)

- 1 person: 2'000.000
- 2 people: 1'050.000
- 3 people: 950.000
- 4 people: 900.000
- 5 people: 850.000
- 6 people: 800.000
- 7 people: 750.000
- 8 people: 700.000



DATES

Whenever you want, we adapt to your schedule. It can be a private trip or we can add more participants to reduce costs.

Panamá

La Miel
Sapzurro
Capurganá

Night:
El Aguacate
Casa Wago or Doble Vista
*Possibility of diving

Boat ride

Rufino
Playa Amarilla
Bahía Pinoróa

Playa Soledad
Lunch
4:00 p. m. Boat to
El Aguacate

Capitán

Acandí

Mototaxi ride
(Tuctuc) 10kms

Caleta

Playona

Day 2

Night:
Playona, Posada Ecoturística La Mona
(Turtle nesting night during the season)

La Goleta
Playeta
Filo Napu

Sasardí Nature Reserve

Arboles Gigantes
Forest

Triganá

San Francisco

Day 1
18 kms

Start:
Triganá,
Treegana Hostal

Everything changes month by month, choose knowing this:

January				
February				
March				
April				
May				
June				
July				
August				
September				
October				
November				
December				

Sun
intensity

Sea
visibility

Baby
turtle

Turtle
nesting

*During the rainy season, it usually rains mostly at sunset, night, and early morning.